

## Instruction / English longbow

Congratulations on your purchase of our traditional English longbow. To have the utmost joy with your bow, we ask you to carefully follow our safety instructions. Bows made of natural materials have a long tradition in our company. Every bow is individually designed to provide the best performance while using it.

### 1. Warming up the bow

First pull the bow's tether cord as shown in the picture to stretch and release tension in 5 – 6 luffing movements. Then, check whether the string is safe in the string kerf and runs through the center. Rest for at least **one minute**. Now the bow is pulled little by little, this called the **warming up**. Then you start to pull back the tendons carefully. Repeat 10 times. Start to pull from about 40 cm to the full extension length.

Proceed slowly!

Warming up the bow is most important before starting to shoot!!! Please noted that the draw length of 28 inches may not be exceeded! Never hold fully tensed more than one second, shoot immediately when fully tensed to e. g. at 21 inches!



**BY BEIER GERMANY**

2. The bow is not be tensed unnecessary long. Wind down immediately after the tournament / training.
  3. Only use Dacron Flemish Splice tendons (not endless tendons). The tendon will be shorten or lengthen when stretched. The degree of length may very according to the size of the bow.
  4. Occasionally apply oil to the bow. If the bow has become wet, simply rub and let it dry. Never place the bow on a heating and never let it dry in the near of an oven. Bows are very sensitive. Bamboo bows are painted with a natural varnish and can be safely used in the rain!
  5. During dry shooting practice always use an arrow, never try shooting without!
  6. The bow should never be used below -10 degrees. Slowly warm up the bow when temperatures fall to lower degrees. Rub the bow warm with your hands then stretch the bow slowly.
  7. After shooting the bow release the tension with the attached tether cord.
  8. A pure wooden bow such as the Yeoman changes its draw weight depending on temperature and humidity. This could be 5 lbs or even slightly above. This is not cause for complaint.
  9. Attention: Non-compliance and damages resulting from it are excluded from any warranty!
- 10. For safety reasons it is suggested not to let other shooters use the bow!**

Have fun with your bow – Your team By Beier Germany!!!